

### Comparison of Birth Doula Training Programs (updated July 10th, 2020)

	Childbirth International (CBI)	DONA	CAPPA	ProDoula	Doula Trainings International	Bebo Mia	International Doula Institute	Madriella
<b>Tag Line</b>	Training Without Boundaries		education. support. success.	Where careers are built on passion				
<b>Accredited</b>	Accredited with Distinction by the American Nurses Credentialing Center (ANCC)	No	No	Approved by the South Carolina Nurses Association	No	No	No	No
<b>Designation for Certification</b>	Certified Labor Doula (CLD)	Certified Doula (CD)	Certified Labor Doula (CLD)	Certified Elite Doula				
<b>COSTS</b>								
<b>Total Cost of Training and Certification</b>	USD720.00	USD 750-1,100	USD 750-900	USD 695-795	USD 654			
<b>Apply for Certification</b>	None	USD 45-55	None	None				
<b>Workshop</b>	None	USD 400-700	USD 450-600 (not required for the online option)	USD 595				
<b>Online Learning</b>	None	USD 20-35	USD 175 (USD 600 for online option)	None	USD 497			
<b>Certification Processing</b>	None	USD 110	None	USD 50				
<b>Other Costs</b>	None	Possible cost for childbirth course and breastfeeding class; required books (7)	Required books (5) and 2 required booklets (USD 50)	CPR certification (typically USD 50-150)				
<b>Recertification</b>	Not required but available at cost if needed	USD 80 / 3 years plus evidence of ongoing education	USD 75 / 3 years	Every 2 years	No		Every 3 years	

	Childbirth International (CBI)	DONA	CAPPA	ProDoula	Doula Trainings International	Bebo Mia	International Doula Institute	Madriella
<b>Membership</b>	Not required	USD 100 / year	USD 75 / year	USD 75 first year and USD 50 / year after that	USD 157 / year		Every 3 years	
<b>Instalment Plan Options</b>	Pay over 5 months							
<b>Discounts</b>	Existing students receive 15% discount; 15-25% discount when buying more than one course	Individual trainers may offer discounts on the workshop component	Individual trainers may offer discounts on the workshop component					
<b>CERTIFICATION REQUIREMENTS</b>								
<b>Birth Requirements</b>	Attend 2 births; Provide prenatal & postpartum support for at least 1 of the births & be primary doula at both	Only 1 can be a cesarean	Attend 3 births	Attend 3 births within 12 months prior to applying for certification	Must include 1 vaginal birth & be primary doula; the births must take place within the 12 months of registering			
<b>Client Evaluations</b>	Not required	3	3	3 and one client must be interviewed by head office	3			
<b>Medical Evaluations</b>	Not required	3	3	Not required	Not required			
<b>Childbirth Course</b>	Not required	Required to audit one course series (may be an additional cost)	Not required	Not required	Yes (may be an additional cost)			
<b>Lactation Class</b>	Not required	Observe 1 class (may be an additional cost)	Not required	Not required	Not required			
<b>Resources List</b>	Survey of birth services	Yes	Yes	No	Yes			

	Childbirth International (CBI)	DONA	CAPPA	ProDoula	Doula Trainings International	Bebo Mia	International Doula Institute	Madriella
<b>Assignments</b>	2 communication reflections; 1 physiology module evaluation	Yes	Online content to be completed		2 essays			
<b>Exams</b>	Online open book tests for physiology module		Open book tests	Yes				
<b>Readings</b>	No books required - 2 podcasts/videos/articles are critiqued (no additional cost)	Position papers and 7 books (additional cost)	2 booklets required and 5 books (additional cost)					
<b>Letters of Recommendation</b>	Not required	Yes - client and health professional references	Not required	3 required and one must be video interviewed by head office	Not required		Yes - employer and character references	
<b>Other Requirements</b>	None	Webinar on business (additional cost)	None	Personal video interviews; First Aid course (additional cost)	Infant/Child CPR certification (additional cost); write a business strategy outline		Criminal background check and child abuse clearance	
<b>POLICIES AND PROCEDURES</b>								
<b>Policy Agreements</b>	Code of Ethics and Professionalism	Code of Ethics; Standards of Practice	Code of Conduct; Social Media; Grievance; Mission Statement; CAPPA Approach; Scope of Practice	Standards of Professionalism		Code of Ethics; Scope of Practice	Scope of Practice; Code of Conduct; Disciplinary Standards	Code of Ethics; Scope of Practice
<b>Grievance Policy</b>	Yes	Yes	Yes	Yes		Yes		
<b>Refund Policy</b>	Full refund less \$50 within 48 hours of registering	No refunds on certification; some trainers may have individual policies	No refunds on certification; some trainers may have individual policies	No refunds	No refunds	Full refund less \$100 if 7 or more days before course; 50% refund if within 5 days of course		No refunds

	Childbirth International (CBI)	DONA	CAPPA	ProDoula	Doula Trainings International	Bebo Mia	International Doula Institute	Madriella
<b>Non-Discrimination Policy</b>	Yes	No	No	No	No	No	No	No
<b>Sustainability Policy</b>	Yes	No	No	No	No	No	No	No
<b>Support an intended free birth</b>	Up to the individual	No policy	Up to the individual	Not permitted		Not permitted		
<b>Time Limit</b>	None	4 years from workshop	2 years from workshop	18 months from workshop	Takes 12 months to complete due to required participation in online forums		None	
<b>Restrictions</b>	None	None	Must 18 years or older	No low fees charged to clients; maintain First Aid certificate; have a client contract; website must be kept up to date				
<b>Competency Based</b>	Yes - based on clearly defined competencies across 6 domains	No	No	No	No	No	No	No
<b>OTHER COURSES AVAILABLE</b>								
<b>Childbirth Educator</b>	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
<b>Lactation Counselor</b>	Yes	No	Lactation Educator only	No	No	No	Yes	Lactation Educator only
<b>Postpartum Doula</b>	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Other Courses</b>	Trauma-Informed Professional; Safety, Infection Control and Prevention	Professional Development	New parent Educator; Pregnancy Fitness	Advanced Business; Social Media; Placenta Encapsulation	Professional Development	Infant Sleep; Pre & Postpartum Fitness; Diverse Families; Fertility		Massage for Labor; Loss & Bereavement; Placenta Specialist
<b>Cross Certification</b>	No	No	Yes	Yes	Yes		Yes	

	Childbirth International (CBI)	DONA	CAPPA	ProDoula	Doula Trainings International	Bebo Mia	International Doula Institute	Madriella
<b>100% Online Training</b>	Yes	No	Yes	No	Yes	Yes	Yes	Yes
<b>Start Immediately</b>	Yes	No	No	No	No	No	No	No
<b>Trainer Support</b>	Trainer reviews and assesses every assignment and provides ongoing support as long as you take	Typically only for the workshop period	Typically only for the workshop period	Typically only for the workshop period			One year of contact with trainer	
<b>Paperwork Available</b>	Comprehensive package of forms, contracts, handouts and charts			Contracts (additional cost)				