



CHILDBIRTH
INTERNATIONAL
training without boundaries

Childbirth International Reading List (Summary)

Updated: June 14th, 2019

Table of Contents

History and Narratives	4
Parent-Focused	5
Politics and Evidence-Based	7
Skills Development	9
Working With Challenges	10

History and Narratives

When I First Held You: 22 Critically Acclaimed Writers Talk About the Triumphs, Challenges, and Transformative Experience of Fatherhood

Editor: Brian Gresko

Format: Kindle, Paperback, Audiobook, and Audio CD

Published: 2014

Raising Henry: A Memoir of Motherhood, Disability, and Discovery

Author: Rachel Adams

Format: Kindle, Hardcover, and Paperback

Published: 2014

Baby Dust

Author: Deanna Roy

Format: Kindle, Hardcover, and Paperback

Published: 2011

Rediscovering Birth

Author: Sheila Kitzinger

Format: Hardcover and Paperback

Published: 2011

Birth Without Violence

Author: Frédérick Leboyer M.D.

Format: Hardcover and Paperback

Published: 2009

Arms Wide Open: A Midwife's Journey

Author: Patricia Harman

Format: Kindle, Hardcover, and Paperback

Published: 2012

Safer Childbirth? A Critical History of Maternity Care 3rd edition

Author: Marjorie Tew

Format: Paperback

Published: 1998

Listen to Me Good: The Life Story of an Alabama Midwife

Author: Margaret Charles Smith and Linda Janet Holmes

Format: Hardcover and Paperback

Published: 1996

The Tentative Pregnancy: How Amniocentesis Changes the Experience of Motherhood

Author: Barbara Katz Rothman

Format: Hardcover and Paperback

Published: 1993

Parent-Focused

The First 40 Days: The Essential Art of Nourishing the New Mother

Author: Heng Ou, Ameley Greeven, and Marisa Belger

Format: Kindle and Hardcover

Published: 2016

Taking Charge of Your Fertility, 20th Anniversary Edition: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health

Author: Toni Weschler

Format: Kindle and Paperback

Published: 2015

The Natural Pregnancy Book, Third Edition: Your Complete Guide to a Safe, Organic Pregnancy and Childbirth with Herbs, Nutrition, and Other Holistic Choices

Author: Aviva Jill Romm

Format: Kindle and Paperback

Published: 2014

Parenting for a Peaceful World 2nd edition

Author: Robin Grille

Format: Paperback

Published: 2013

Home Birth: a practical guide 4th edition

Author: Nicky Wesson

Format: Kindle and Paperback

Published: 2011

Birthing Normally After a Cesarean or Two

Author: Hélène Vadeboncoeur

Format: Paperback

Published: 2011

Vaginal Birth After Caesarean: The VBAC Handbook

Author: Helen Churchill and Wendy Savage

Format: Kindle and Paperback

Published: 2011

Gentle Birth, Gentle Mothering: A Doctor's Guide to Natural Childbirth and Gentle Early Parenting Choices

Author: Sarah Buckley

Format: Kindle and Paperback

Published: 2008

Sleeping with Your Baby: A Parent's Guide to Cosleeping

Author: James J. McKenna Ph.D.

Format: Kindle and Paperback

Published: 2007

Baby-Led Weaning: The (Not-So) Revolutionary Way to Start Solids and Make a Happy Eater

Author: Teresa Pitman

Format: Kindle and Paperback

Published: 2014

Real Food for Pregnancy: The Science and Wisdom of Optimal Prenatal Nutrition

Author: Lily Nichols

Format: Kindle, Paperback and Audiobook

Published: 2018

Politics and Evidence-Based

Your Baby's Microbiome: The Critical Role of Vaginal Birth and Breastfeeding for Lifelong Health

Author: Toni Harman and Alex Wakeford

Format: Kindle and Paperback

Published: 2017

Childbirth in the Global Village: Implications for Midwifery Education and Practice

Author: Dawn Hillier

Format: Kindle, Hardcover, and Paperback

Published: 2017

For Her Own Good: Two Centuries of the Experts Advice to Women 2nd edition

Author: Barbara Ehrenreich and Deidre English

Format: Kindle and Paperback

Published: 2013

Breasts: A Natural and Unnatural History

Author: Florence Williams

Format: Kindle, Hardcover, Paperback, Audio Book, and Audio CD

Published: 2013

Optimal Care in Childbirth The Case for a Physiologic Approach

Author: Henci Goer and Amy Romano

Format: Kindle and Paperback

Published: 2012

Why the Politics of Breastfeeding Matter

Author: Susan Last and Gabrielle Palmer

Format: Kindle, Paperback, and Audio Book

Published: 2017

Pushed: The Painful Truth About Childbirth and Modern Maternity Care

Author: Jennifer Block

Format: Kindle, Hardcover, and Paperback

Published: 2008

Appraising Research into Childbirth: An Interactive Workbook

Author: Sara Wickham RM MA BA(Hons) PGCE(A)

Format: Paperback

Published: 2006

What's Right For Me?: Making decisions in pregnancy and childbirth

Author: Sara Wickham RM MA BA(Hons) PGCE(A)

Format: Kindle and Paperback

Published: 2018

Birthing Justice: Black Women, Pregnancy, and Childbirth

Author: Julia Chinyere Oparah and Alicia D. Bonaparte

Format: Kindle, Hardcover and Paperback

Published: 2015

Birth Work as Care Work: Stories from Activist Birth Communities

Author: Alana Apfel

Format: Kindle and Paperback

Published: 2016

Skills Development

Breastfeeding: Empowering Parents

Author: Dr. Jack Newman FRCPC

Format: Kindle and Paperback

Published: 2018

Ancient Map for Modern Birth

Author: Pam England

Format: Kindle and Paperback

Published: 2017

Oxytocin: The Biological Guide to Motherhood

Author: Kerstin Uvnäs-Moberg

Format: Kindle and Paperback

Published: 2016

Traumatic Childbirth

Author: Cheryl Tatano Beck, Jeanne Watson Driscoll, and Sue Watson

Format: Kindle, Hardcover, and Paperback

Published: 2013

Your Medical Mind: How to Decide What Is Right for You

Author: Jerome Groopman, MD and Pamela Hartzband, MD

Format: Kindle, Hardcover, Paperback, Audio Book, and Audio CD

Published: 2013

The Womanly Art of Breastfeeding 8th edition

Author: Diane Wiessinger, Diana West, and Teresa Pitman

Format: Kindle, Paperback, and Audio Book

Published: 2010

The Attachment Connection: Parenting a Secure and Confident Child Using the Science of Attachment Theory

Author: Ruth Newton Ph.D.

Format: Kindle and Paperback

Published: 2008

Healthy Mother, Better Breastfeeding

Author: Francesca Naish and Janette Roberts

Format: Hardcover and Paperback

Published: 2002

How to Read a Paper: The Basics of Evidence-Based Medicine 5th edition

Author: Trisha Greenhalgh

Format: Kindle, Hardcover, and Paperback

Published: 2014

Working With Challenges

How to Heal a Bad Birth: Making sense, making peace and moving on

Author: Melissa J Bruijn and Debby A Gould

Format: Paperback

Published: 2016

Battling Over Birth: Black Women and the Maternal Health Care Crisis

Author: Julia Chinyere Oparah, Helen Arega, Dantia Hudson,
Linda Jones, and Talita Oseguera

Format: Kindle and Paperback

Published: 2017

Breastfeeding Management for the Clinician: Using the Evidence 4th edition

Author: Marsha Walker

Format: Kindle and Paperback

Published: 2016

This Isn't What I Expected: Overcoming Postpartum Depression

Author: Karen R. Kleiman and Valerie Davis Raskin M.D.

Format: Kindle and Paperback

Published: 2013

Maternity Rolls: Pregnancy, Childbirth and Disability

Author: Heather Kuttai

Format: Paperback

Published: 2010

Beyond the Blues, Understanding and Treating Prenatal and Postpartum Depression & Anxiety

Author: Shoshana S. Bennett PhD., and Pec Indman PA

Format: Paperback

Published: 2019

Disability in Pregnancy and Childbirth

Editor: Stella Frances McKay-Moffat BA(Hons) MPhil FPCert CertEd RN RM
ADM

Format: Kindle and Paperback

Published: 2007

Women's Health Communication: High-Risk Pregnancy and Premature Birth Narratives

Editor: Jennifer G. Hall

Format: Kindle and Hardcover

Published: 2015