



CHILDBIRTH  
INTERNATIONAL  

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training without boundaries

# Childbirth International Reading List (Summary)

Updated: June 4th, 2018

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## **History and Narratives**

### **When I First Held You: 22 Critically Acclaimed Writers Talk About the Triumphs, Challenges, and Transformative Experience of Fatherhood**

Editor: Brian Gresko

Format: Kindle, Paperback, Audiobook, and Audio CD

Published: 2014

### **Raising Henry: A Memoir of Motherhood, Disability, and Discovery**

Author: Rachel Adams

Format: Kindle, Hardcover, and Paperback

Published: 2014

### **Baby Dust**

Author: Deanna Roy

Format: Kindle, Hardcover, and Paperback

Published: 2011

### **Rediscovering Birth**

Author: Sheila Kitzinger

Format: Hardcover and Paperback

Published: 2011

### **Birth Without Violence**

Author: Frédérick Leboyer M.D.

Format: Hardcover and Paperback

Published: 2009

### **Arms Wide Open: A Midwife's Journey**

Author: Patricia Harman

Format: Kindle, Hardcover, and Paperback

Published: 2012

**Safer Childbirth? A Critical History of Maternity Care 3rd edition**

Author: Marjorie Tew

Format: Paperback

Published: 1998

**Listen to Me Good: The Life Story of an Alabama Midwife**

Author: Margaret Charles Smith and Linda Janet Holmes

Format: Hardcover and Paperback

Published: 1996

**The Tentative Pregnancy: How Amniocentesis Changes the Experience of Motherhood**

Author: Barbara Katz Rothman

Format: Hardcover and Paperback

Published: 1993

**Parent-Focused**

**Taking Charge of Your Fertility, 20th Anniversary Edition: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health**

Author: Toni Weschler

Format: Kindle and Paperback

Published: 2015

**The Natural Pregnancy Book, Third Edition: Your Complete Guide to a Safe, Organic Pregnancy and Childbirth with Herbs, Nutrition, and Other Holistic Choices**

Author: Aviva Jill Romm

Format: Kindle and Paperback

Published: 2014

**Parenting for a Peaceful World 2nd edition**

Author: Robin Grille

Format: Paperback

Published: 2013

### **Home Birth: a practical guide 4th edition**

Author: Nicky Wesson

Format: Kindle and Paperback

Published: 2011

### **Birthing Normally After a Cesarean or Two**

Author: Hélène Vadeboncoeur

Format: Paperback

Published: 2011

### **Vaginal Birth After Caesarean: The VBAC Handbook**

Author: Helen Churchill and Wendy Savage

Format: Kindle and Paperback

Published: 2011

### **Gentle Birth, Gentle Mothering: A Doctor's Guide to Natural Childbirth and Gentle Early Parenting Choices**

Author: Sarah Buckley

Format: Kindle and Paperback

Published: 2008

### **Sleeping with Your Baby: A Parent's Guide to Cosleeping**

Author: James J. McKenna Ph.D.

Format: Kindle and Paperback

Published: 2007

## **Politics and Evidence-Based**

### **Your Baby's Microbiome: The Critical Role of Vaginal Birth and Breastfeeding for Lifelong Health**

Author: Toni Harman and Alex Wakeford

Format: Kindle and Paperback

Published: 2017

**Childbirth in the Global Village: Implications for Midwifery Education and Practice**

Author: Dawn Hillier

Format: Kindle, Hardcover, and Paperback

Published: 2017

**For Her Own Good: Two Centuries of the Experts Advice to Women 2nd edition**

Author: Barbara Ehrenreich and Deidre English

Format: Kindle and Paperback

Published: 2013

**Breasts: A Natural and Unnatural History**

Author: Florence Williams

Format: Kindle, Hardcover, Paperback, Audio Book, and Audio CD

Published: 2013

**Optimal Care in Childbirth The Case for a Physiologic Approach**

Author: Henci Goer and Amy Romano

Format: Kindle and Paperback

Published: 2012

**Why the Politics of Breastfeeding Matter**

Author: Susan Last and Gabrielle Palmer

Format: Kindle, Paperback, and Audio Book

Published: 2017

**Pushed: The Painful Truth About Childbirth and Modern Maternity Care**

Author: Jennifer Block

Format: Kindle, Hardcover, and Paperback

Published: 2008

### **Appraising Research into Childbirth: An Interactive Workbook**

Author: Sara Wickham RM MA BA(Hons) PGCE(A)

Format: Paperback

Published: 2006

### **What's Right For Me?: Making decisions in pregnancy and childbirth**

Author: Sara Wickham RM MA BA(Hons) PGCE(A)

Format: Kindle and Paperback

Published: 2018

## **Skills Development**

### **Ancient Map for Modern Birth**

Author: Pam England

Format: Kindle and Paperback

Published: 2017

### **Oxytocin: The Biological Guide to Motherhood**

Author: Kerstin Uvnäs-Moberg

Format: Kindle and Paperback

Published: 2016

### **Traumatic Childbirth**

Author: Cheryl Tatano Beck, Jeanne Watson Driscoll, and Sue Watson

Format: Kindle, Hardcover, and Paperback

Published: 2013

### **Your Medical Mind: How to Decide What Is Right for You**

Author: Jerome Groopman, MD and Pamela Hartzband, MD

Format: Kindle, Hardcover, Paperback, Audio Book, and Audio CD

Published: 2013

### **The Womanly Art of Breastfeeding 8th edition**

Author: Diane Wiessinger, Diana West, and Teresa Pitman

Format: Kindle, Paperback, and Audio Book

Published: 2010

**The Attachment Connection: Parenting a Secure and Confident Child Using the Science of Attachment Theory**

Author: Ruth Newton Ph.D.

Format: Kindle and Paperback

Published: 2008

**Healthy Mother, Better Breastfeeding**

Author: Francesca Naish and Janette Roberts

Format: Hardcover and Paperback

Published: 2002

**How to Read a Paper: The Basics of Evidence-Based Medicine 5th edition**

Author: Trisha Greenhalgh

Format: Kindle, Hardcover, and Paperback

Published: 2014

**Working With Challenges**

**How to Heal a Bad Birth: Making sense, making peace and moving on**

Author: Melissa J Bruijn and Debby A Gould

Format: Paperback

Published: 2016

**Battling Over Birth: Black Women and the Maternal Health Care Crisis**

Author: Julia Chinyere Oparah, Helen Arega, Dantia Hudson,

Linda Jones, and Talita Oseguera

Format: Kindle and Paperback

Published: 2017



**Breastfeeding Management for the Clinician: Using the Evidence 4th edition**

Author: Marsha Walker

Format: Kindle and Paperback

Published: 2016

**This Isn't What I Expected: Overcoming Postpartum Depression**

Author: Karen R. Kleiman and Valerie Davis Raskin M.D.

Format: Kindle and Paperback

Published: 2013

**Maternity Rolls: Pregnancy, Childbirth and Disability**

Author: Heather Kuttai

Format: Paperback

Published: 2010

**Beyond the Blues, Understanding and Treating Prenatal and Postpartum Depression & Anxiety**

Author: Shoshana Bennett and Pec Indman

Format: Hardcover and Paperback

Published: 2010

**Disability in Pregnancy and Childbirth**

Editor: Stella Frances McKay-Moffat BA(Hons) MPhil FPCert CertEd RN RM ADM

Format: Kindle and Paperback

Published: 2007

**Women's Health Communication: High-Risk Pregnancy and Premature Birth Narratives**

Editor: Jennifer G. Hall

Format: Kindle and Hardcover

Published: 2015