Childbirth International Reading List (Summary)

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History and Narratives

When I First Held You: 22 Critically Acclaimed Writers Talk About the Triumphs, Challenges, and Transformative Experience of Fatherhood
Editor: Brian Gresko
Format: Kindle, Paperback, Audiobook, and Audio CD
Published: 2014

Raising Henry: A Memoir of Motherhood, Disability, and Discovery
Author: Rachel Adams
Format: Kindle, Hardcover, and Paperback
Published: 2014

Baby Dust
Author: Deanna Roy
Format: Kindle, Hardcover, and Paperback
Published: 2011

Rediscovering Birth
Author: Sheila Kitzinger
Format: Hardcover and Paperback
Published: 2011

Birth Without Violence
Author: Frédérick Leboyer M.D.
Format: Hardcover and Paperback
Published: 2009

Arms Wide Open: A Midwife’s Journey
Author: Patricia Harman
Format: Kindle, Hardcover, and Paperback
Published: 2012
Safer Childbirth? A Critical History of Maternity Care 3rd edition
Author: Marjorie Tew
Format: Paperback
Published: 1998

Listen to Me Good: The Life Story of an Alabama Midwife
Author: Margaret Charles Smith and Linda Janet Holmes
Format: Hardcover and Paperback
Published: 1996

The Tentative Pregnancy: How Amniocentesis Changes the Experience of Motherhood
Author: Barbara Katz Rothman
Format: Hardcover and Paperback
Published: 1993

Parent-Focused

Author: Toni Weschler
Format: Kindle and Paperback
Published: 2015

Author: Aviva Jill Romm
Format: Kindle and Paperback
Published: 2014

Parenting for a Peaceful World 2nd edition
Author: Robin Grille
Format: Paperback
Published: 2013

**Home Birth: a practical guide 4th edition**
Author: Nicky Wesson
Format: Kindle and Paperback
Published: 2011

**Birthing Normally After a Cesarean or Two**
Author: Hélène Vadeboncoeur
Format: Paperback
Published: 2011

**Vaginal Birth After Caesarean: The VBAC Handbook**
Author: Helen Churchill and Wendy Savage
Format: Kindle and Paperback
Published: 2011

**Gentle Birth, Gentle Mothering: A Doctor’s Guide to Natural Childbirth and Gentle Early Parenting Choices**
Author: Sarah Buckley
Format: Kindle and Paperback
Published: 2008

**Sleeping with Your Baby: A Parent’s Guide to Cosleeping**
Author: James J. McKenna Ph.D.
Format: Kindle and Paperback
Published: 2007

**Politics and Evidence-Based**

**Your Baby’s Microbiome: The Critical Role of Vaginal Birth and Breastfeeding for Lifelong Health**
Author: Toni Harman and Alex Wakeford
Format: Kindle and Paperback
Published: 2017

**Childbirth in the Global Village: Implications for Midwifery Education and Practice**
Author: Dawn Hillier
Format: Kindle, Hardcover, and Paperback
Published: 2017

**For Her Own Good: Two Centuries of the Experts Advice to Women 2nd edition**
Author: Barbara Ehrenreich and Deidre English
Format: Kindle and Paperback
Published: 2013

**Breasts: A Natural and Unnatural History**
Author: Florence Williams
Format: Kindle, Hardcover, Paperback, Audio Book, and Audio CD
Published: 2013

**Optimal Care in Childbirth The Case for a Physiologic Approach**
Author: Henci Goer and Amy Romano
Format: Kindle and Paperback
Published: 2012

**Why the Politics of Breastfeeding Matter**
Author: Susan Last and Gabrielle Palmer
Format: Kindle, Paperback, and Audio Book
Published: 2017

**Pushed: The Painful Truth About Childbirth and Modern Maternity Care**
Author: Jennifer Block
Format: Kindle, Hardcover, and Paperback
Published: 2008
Appraising Research into Childbirth: An Interactive Workbook
Author: Sara Wickham RM MA BA(Hons) PGCE(A)
Format: Paperback
Published: 2006

What’s Right For Me?: Making decisions in pregnancy and childbirth
Author: Sara Wickham RM MA BA(Hons) PGCE(A)
Format: Kindle and Paperback
Published: 2018

Skills Development

Ancient Map for Modern Birth
Author: Pam England
Format: Kindle and Paperback
Published: 2017

Oxytocin: The Biological Guide to Motherhood
Author: Kerstin Uvnäs-Moberg
Format: Kindle and Paperback
Published: 2016

Traumatic Childbirth
Author: Cheryl Tatano Beck, Jeanne Watson Driscoll, and Sue Watson
Format: Kindle, Hardcover, and Paperback
Published: 2013

Your Medical Mind: How to Decide What Is Right for You
Author: Jerome Groopman, MD and Pamela Hartzband, MD
Format: Kindle, Hardcover, Paperback, Audio Book, and Audio CD
Published: 2013

The Womanly Art of Breastfeeding 8th edition
Author: Diane Wiessinger, Diana West, and Teresa Pitman
Format: Kindle, Paperback, and Audio Book
Published: 2010

**The Attachment Connection: Parenting a Secure and Confident Child Using the Science of Attachment Theory**
Author: Ruth Newton Ph.D.
Format: Kindle and Paperback
Published: 2008

**Healthy Mother, Better Breastfeeding**
Author: Francesca Naish and Janette Roberts
Format: Hardcover and Paperback
Published: 2002

**How to Read a Paper: The Basics of Evidence-Based Medicine 5th edition**
Author: Trisha Greenhalgh
Format: Kindle, Hardcover, and Paperback
Published: 2014

**Working With Challenges**

**How to Heal a Bad Birth: Making sense, making peace and moving on**
Author: Melissa J Bruijn and Debby A Gould
Format: Paperback
Published: 2016

**Battling Over Birth: Black Women and the Maternal Health Care Crisis**
Author: Julia Chinyere Oparah, Helen Arega, Dantia Hudson, Linda Jones, and Talita Oseguera
Format: Kindle and Paperback
Published: 2017
Breastfeeding Management for the Clinician: Using the Evidence 4th edition
Author: Marsha Walker
Format: Kindle and Paperback
Published: 2016

This Isn’t What I Expected: Overcoming Postpartum Depression
Author: Karen R. Kleiman and Valerie Davis Raskin M.D.
Format: Kindle and Paperback
Published: 2013

Maternity Rolls: Pregnancy, Childbirth and Disability
Author: Heather Kuttai
Format: Paperback
Published: 2010

Beyond the Blues, Understanding and Treating Prenatal and Postpartum Depression & Anxiety
Author: Shoshana Bennett and Pec Indman
Format: Hardcover and Paperback
Published: 2010

Disability in Pregnancy and Childbirth
Editor: Stella Frances McKay-Moffat BA(Hons) MPhil FPCert CertEd RN RM ADM
Format: Kindle and Paperback
Published: 2007

Women’s Health Communication: High-Risk Pregnancy and Premature Birth Narratives
Editor: Jennifer G. Hall
Format: Kindle and Hardcover
Published: 2015