

Birth Doula Training Program Comparisons - UK



	CBI	British Doulas	National Childbirth Trust	Nurturing Birth
Total Training Cost (£)	£470.00	£300.00	£2,140.00	£700.00
	Cost for CBI is dependent on exchange rate			
Course Work/Workshop	£470.00	£300.00	£2,140.00	£525.00
Enrolment	£0.00		£0.00	£0.00
Membership	£0.00		£0.00	£0.00
Certification Fee	£0.00		£0.00	£80.00
Additional Costs	£0.00		£0.00	£95.00
Info on additional costs	£36 fees if choosing to pay by 5 monthly instalments			All doulas who would like certification must attend the Level 2 experienced doula and breastfeeding workshops
Info on available discounts	Course costs £440 if choosing the "Green" option and working online		Bursaries and grants are available if you volunteer with the NCT	Discount of £150 available if you host the course; discount of £50 available if you book with a friend
About the Organization				
Founded	1999			
Membership	6,600 +			70+
Countries covered	117			UK & Spain
Contact Hours	86	32		32
Tagline	Training without boundaries	To cosset and cherish both you and your baby		... here to nurture, inform and empower doulas and families
Business focus	Business of Birth module (34 contact hours) - included in standard program with option to do as independent study or mentored with a trainer		None	Some business topics covered during worksop
Certification Requirements				
Required Reading	3 - free choice from a list of 150 titles			2
Assignments	1 reflective practice essay		1 reflective practice essay; interactive session with handouts; six workbooks to be completed	1 essay
Exams/Tests	Yes - open book			No
Birth Support	2 - reflective evaluations written by student			4 women supported
Minimum birth hours	20 hours total across both births			
Birth restrictions	Must provide some prenatal and postpartum support for at least one of the births			
Client Evaluations	Not Required			
Medical Evaluations	Not Required			
Childbirth Course Observation	Not Required			Not Required
Breastfeeding Class Observation	Not Required			Must attend a breastfeeding workshop for certification
Resources List	Yes			
Letters of recommendation	Not Required			
Other Requirements	None	Police check	Complete six face to face study days then a one year part-time course; must have a face to face or phone interview before being accepted	Must attend a webinar course from Mother and Baby International
Policies and Procedures				
Agreement to Policies	Code of Practice	Code of Ethics	Agree to Doula UK Code of Practice	Agree to Doula UK Code of Practice

	CBI	British Doulas	National Childbirth Trust	Nurturing Birth
Grievance Procedure	Yes		Yes, through Doula UK	Yes, through Doula UK
Recertification Required	Not Required			
Membership Required	Not Required			
Refund policy	Full refund within 48 hours of registering less £36 admin fee			Refunds only available up to seven days after first payment is made
Support an intended freebirth	Up to the individual		No policy	"Similarly, doulas will not offer their services in a situation where the parents do not wish medical staff to attend the birth and will strive to avoid that such a situation arises."
Time Limit	None			
Restrictions	None			"Doulas are advised to use written contracts with the families that hire their services."
Other Courses and Services				
Antenatal Teacher Course	Yes	No	Yes	No
Postpartum Doula Course	Yes	Yes	No	Yes
Lactation Course	Breastfeeding Counselor	No	Breastfeeding Counselor	No
Other Courses	Advanced Birth Doula coming in 2018	None	Yoga training; baby massage	Experienced Birth Doula and Breastfeeding workshops
Other Services	Private & business mentoring			
Cross Certification	No		No	
100% Online Training Available	Yes	No	No	No
Support and Access				
Ongoing Trainer Support	Yes, trainer reviews and assesses every assignment and continues to provide support after graduation			
Student Discussions	Facebook group open to students & graduates; email discussion forum			Private Facebook group and online forum
Online Referrals	Yes - list services on Find a Doula - open to everyone	No - clients must complete an enquiry form	Yes - list on website	Yes - list on website (free for the first year)
Start Training Immediately	Yes	No	No	No