

Birth Doula Training Program Comparisons - USA



	CBI	DONA	CAPPA	ProDoula	Doula Trainings International	ToLabor
Total Training Cost (US\$)	\$660.00	\$720.00	\$775.00	\$770.00	\$1,597.00	\$600.00
Course Work/Workshop	\$660.00	\$450.00	\$450.00	\$595.00	\$1,597.00	\$525.00
Enrolment	\$0.00	\$40.00	\$175.00	\$0.00	\$0.00	\$0.00
Membership	\$0.00	\$100.00	\$65.00	\$75.00	\$0.00	\$50.00
Certification Fee	\$0.00	\$110.00	\$0.00	\$0.00	\$0.00	\$25.00
Required Additional Costs	\$0.00	\$20.00	\$85.00	\$100.00	\$0.00	\$0.00
Info on additional costs	\$50 admin fee if choosing to pay by 5 monthly instalments	DONA webinar on business must be completed - \$20	Hug Your Baby program must be completed - \$85	First Aid course must be completed - \$100 (approximate cost)		
Info on available discounts	Course costs \$620 if choosing the "Green" option and working online					
About the Organization						
Founded	1999	1992	1998	2013	2011	1983 (previously ALACE)
Membership	6,600 +	7,000 +	"Thousands"			7,000 +
Countries Covered	117	50				
Contact Hours	86	16	20	18		26
Tagline	Training without boundaries	Our passion for families touches the world	education. support. success.	A certification agency for the modern doula	For the modern doula	Empowering Families. Honouring Birth. Changing Lives.
Business Focus	Business of Birth module (34 contact hours) - included in program with option to do as independent study or mentored with a trainer	Observe a DONA webinar on business (0.75-1.0 contact hours)	eBook included "Grow your birth business"	Included in program	Included in program	
Certification Requirements						
Required Reading	3 - free choice from a list of 150 titles	7 - choose from 6 different groups, must include Birth Partner; PLUS 2 position papers	5 - choose from 30, ideally one from each category; PLUS read Understanding Birth and Understanding Breastfeeding	1 specified title - Birth Partner	10 specified titles	11 specified titles
Assignments	1 reflective practice essay	1 essay on value of labor support	None	Webpage content questionnaire; Action plan; Research; 3 essays on required reading	1 essay on the role of a labor and postpartum doula; 1 essay on making an impact as a doula and the larger community; 1 business outline strategy	None
Exams/Tests	Yes - open book	None	Yes - open book	Yes	2 comprehension quizzes	Yes
Birth Support	2 - reflective evaluations written by student	3 - evaluations from caregiver + mother	3 - evaluations from caregiver + mother	3 - evaluations from mother; one must be interviewed on Skype with Head Office	3 births and 16 hours of postpartum support for 2 families	6
Minimum birth hours	20 hours total across both births			10 with the client who will be interviewed		
Birth Restrictions	Must provide some prenatal and postpartum support for at least one of the births	Only 1 can be a cesarean				
Client Evaluations	Not Required	3	3	3 (one must be Skype interviewed)		3
Medical Evaluations	Not Required	3	3	Not Required		Not Required
Childbirth Course Observation	Not Required	Required	Not Required	Not Required		Not Required
Breastfeeding Class Observation	Not Required	Required	Not Required	Not Required	Attend a breastfeeding class or support group	Not Required

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Resources List	Yes	Yes	Yes	Not Required	Yes	Not Required
Letters of Recommendation	Not Required	2 required - from a perinatal health professional and a client reference	Not Required	3 (one must be Skype interviewed)		Not Required
Other Requirements	None	DONA webinar on business (additional cost)	Hug Your Baby course (additional cost)	Personally Skype interviewed; First Aid course (additional cost)	Infant CPR (additional cost); Participate in monthly discussions	Summary of 6 births attended
Policies and Procedures						
Agreement to Policies	Code of Practice	Code of Ethics; Standards of Practice	Code of Conduct and Social Media Policy, Grievance Policy, Mission Statement, CAPPA Philosophy Statement, Vision Statement, and Scope of Practice	Membership Agreement		Scope of Practice; Ethical Standards
Grievance Procedure	Yes	Yes	Yes	Yes	No	No
Recertification Required	Not Required	Yes, \$80 every 3 years	Yes, \$75 every 3 years	Yes, every 2 years	No	Yes, \$75 every year
Membership Required	Not Required	Yes, \$100 per year	Yes, \$65 per year	Yes, \$50 per year	No	Yes, \$50 per year
Refund Policy	Full refund within 48 hours of registering less \$50 admin fee	No refunds on certification costs, some trainers may have individual refund policies	No refunds on certification costs, some trainers may have individual refund policies	No refunds	No refunds	Full refund if cancelled one month or more prior to workshop less \$50 fee
Support an intended freebirth	Up to the individual	No policy	Not allowed	Not allowed	No policy	No policy
Time Limit	None	2 years	2 years	18 months	9 months	5 years
Restrictions	None	None	Older than 18 years	No low fees to clients; maintain First Aid certification; must have a client contract; website must be kept up to date		None
Other Courses and Services						
Childbirth Educator Course	Yes	No	Yes	Yes	No	No
Postpartum Doula Course	Yes	Yes	Yes	Yes	Yes - included with the birth doula program	No
Lactation Course	Breastfeeding Counselor	No	Lactation Educator	No	No	No
Other Courses	Advanced Birth Doula coming in 2018	None	Pregnancy Fitness; Teen Educator; Hospital Labor Doula	Advanced Business; Social Media Workshop; Placenta Encapsulation	None	Acupressure workshop
Other Services	Private & business mentoring	Advanced Doula designation	None	Business Coaching; Social Media Coaching	None	None
Cross Certification	No	No	Yes; DONA trained only (within last 2 years) or DONA certified	Yes; workshop must be within the last 5 years and must be in person	Yes	No
100% Online Training Available	Yes	No	Yes	No	Yes	No
Support and Access						
Ongoing Trainer Support	Yes, trainer reviews and assesses every assignment and continues to provide support after graduation	No	No	No		No
Student Discussions	Facebook group open to students & graduates; email discussion forum	Facebook group open to non-members	Facebook group open to members		Yes	
Online Referrals	Yes - list services on Find a Doula - open to everyone	Yes - list on website			Yes - list on website	

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Start Training Immediately	Yes	No	No	No	No	No