Childbirth International
Reading List Summary

Last Updated November 2015
# Table Of Contents

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALTERNATIVES TO HOSPITAL BIRTH</td>
<td>3</td>
</tr>
<tr>
<td>ANATOMY AND PHYSIOLOGY</td>
<td>4</td>
</tr>
<tr>
<td>BIRTH, CULTURE AND SOCIETY</td>
<td>5</td>
</tr>
<tr>
<td>BIRTH POLITICS</td>
<td>6</td>
</tr>
<tr>
<td>BREASTFEEDING</td>
<td>7</td>
</tr>
<tr>
<td>BREASTFEEDING POLITICS</td>
<td>9</td>
</tr>
<tr>
<td>CESAREAN AND VBAC</td>
<td>10</td>
</tr>
<tr>
<td>CHILDBIRTH EDUCATION</td>
<td>11</td>
</tr>
<tr>
<td>COMMUNICATION AND COUNSELING</td>
<td>11</td>
</tr>
<tr>
<td>DECISION MAKING</td>
<td>12</td>
</tr>
<tr>
<td>DEPRESSION</td>
<td>12</td>
</tr>
<tr>
<td>DISABILITY AND ABNORMALITY</td>
<td>13</td>
</tr>
<tr>
<td>DOULA SUPPORT</td>
<td>14</td>
</tr>
<tr>
<td>EVIDENCE-BASED CARE</td>
<td>14</td>
</tr>
<tr>
<td>FATHERHOOD</td>
<td>15</td>
</tr>
<tr>
<td>FERTILITY AND INFERTILITY</td>
<td>16</td>
</tr>
<tr>
<td>GRIEF AND LOSS</td>
<td>17</td>
</tr>
<tr>
<td>LABOR AND BIRTH</td>
<td>17</td>
</tr>
<tr>
<td>MIDWIVE’S TALES</td>
<td>18</td>
</tr>
<tr>
<td>PARENTING AND POSTPARTUM</td>
<td>20</td>
</tr>
<tr>
<td>PREGNANCY</td>
<td>21</td>
</tr>
<tr>
<td>PRENATAL TESTING</td>
<td>21</td>
</tr>
<tr>
<td>OTHER LANGUAGES</td>
<td>22</td>
</tr>
<tr>
<td>SLEEP SOLUTIONS</td>
<td>24</td>
</tr>
</tbody>
</table>
ALTERNATIVES TO HOSPITAL BIRTH

The Essential Homebirth Guide: For Families Planning or Considering Birthing at Home
Author: Jane E. Drichta, Jodilyn Owen, and Dr. Christianne Northrup
Format: Kindle and Paperback
Published: 2013

The Home Birth Advantage
Author: Mayer Eisenstein
Format: Paperback
Published: 2000

Unassisted Childbirth
Author: Laura Kaplan Shanley
Format: Kindle, Hardcover and Paperback
Published: 2012

Unhindered Childbirth: wisdom for the passage of unassisted birth
Author: Sarah M. Haydock
Format: Kindle and Paperback
Published: 2014

Home Births: Stories to inspire and inform
Author: Abigail Cairns
Format: Paperback
Published: 2006

Home Birth: A Practical Guide
Author: Nicky Wesson
Format: Kindle and Paperback
Published: 2006

Home Births: The Report of the 1994 Confidential Enquiry by the National Birthday Trust Fund
Editor: Geoffrey Chamberlain & Ann Wraight
Format: Hardcover
Published: 1997

Successful Home Birth and Midwifery: The Dutch Model
Editor: Eva Abraham-Van der Mark
Format: Hardcover
Women, Power, and Childbirth: A Case Study of a Free-Standing Birth Center

Editor: Kathleen Doherty Turkel
Format: Kindle and Hardcover
Published: 1995

ANATOMY AND PHYSIOLOGY

Heart and Hands, Fifth Edition: A Midwife's Guide to Pregnancy and Birth
Author: Elizabeth Davis
Format: Kindle and Paperback
Published: 2012

Anatomy and Physiology for Midwives, Third Edition
Author: Jane Coad & Melvyn Dunstall
Format: eTextbook and Paperback
Published: 2011

Mayes’ Midwifery: A Textbook for Midwives, 14th Edition
Author: Christine Henderson & Susan MacDonald
Format: eTextbook (buy or rent) and Paperback
Published: 2012

Myles Textbook for Midwives, 16th Edition
Author: Diane M. Fraser & Maggie M. Cooper
Format: Kindle and Paperback
Published: 2014

The New Midwifery: Science and Sensitivity in Practice, Second Edition
Author: Lesley Ann Page BA MSc PhD RM RN & Rona McCandlish BA(Hons) MSc(Epid) RGN RMN RM
Format: Kindle and Paperback
Published: 2006
Other Languages: Japanese
BIRTH, CULTURE AND SOCIETY

Rediscovering Birth
Author: Sheila Kitzinger
Format: Kindle, Hardcover and Paperback
Published: 2011

Ethnography of Fertility and Birth
Author: Carol P. MacCormack
Format: Paperback
Published: 1994

Mother and Child: Visions of Parenting from Indigenous Cultures
Author: Jan Reynolds
Format: Paperback
Published: 1996

Our Babies, Ourselves: How Biology and Culture Shape the Way We Parent
Author: Meredith Small
Format: Kindle, Paperback and Hardcover
Published: 1999

Mother Nature: Maternal Instincts and How They Shape the Human Species
Author: Sarah Hrdy
Format: Hardcover, Paperback and Audio Download
Published: 2000
Other Languages: German

Kids: How Biology and Culture Shape the Way We Raise Young Children
Author: Meredith Small
Format: Hardcover and Paperback
Published: 2002

A World of Babies: Imagined Childcare Guides for Seven Societies
Editor: Judy S. DeLoache & Alma Gottlieb
Format: Hardcover and Paperback
Published: 2000
Negotiating Reproductive Rights
Editor: Rosalind Petchesky, Karen Judd & IRRRAG
Format: Hardcover and Paperback
Published: 1998

Childbirth in the Global Village: Implications for Midwifery Education and Practice
Author: Dawn Hillier
Format: Kindle, Hardcover and Paperback
Published: 2003

Birth in Four Cultures: A Crosscultural Investigation of Childbirth in Yucatan, Holland, Sweden, and the United States
Author: Brigitte Jordan & Robbie Davis-Floyd
Format: Kindle, Hardcover and Paperback
Published: 1992

Childbirth and Authoritative Knowledge: Cross-Cultural Perspectives
Author: Robbie E. Davis-Floyd
Format: Hardcover and Paperback
Published: 1997

BIRTH POLITICS

Birth Crisis
Author: Sheila Kitzinger
Format: Kindle, Hardcover and Paperback
Published: 2006

Pushed: The Painful Truth About Childbirth and Modern Maternity Care
Author: Jennifer Block
Format: Kindle, Hardcover and Paperback
Published: 2008

Birth: The Surprising History of How We Are Born
Author: Tina Cassidy
Format: Kindle, Hardcover, Paperback and Audio CD
Published: 2007
Born in the USA: How a Broken Maternity System Must Be Fixed to Put Women and Children First
Author: Marsden Wagner
Format: Kindle, Hardcover and Paperback
Published: 2008

Vaginal Politics: A Midwife Story
Author: Judy Lee & Bette L. Waters
Format: Paperback
Published: 2003

Birth as an American Rite of Passage
Author: Robbie E. David-Floyd
Format: Kindle, Hardcover and Paperback
Published: 2004

The Politics of Birth
Author: Sheila Kitzinger
Format: Paperback
Published: 2005

BREASTFEEDING
Author: Jack Newman M.D. & Teresa Pitman
Format: Paperback
Published: 2006

The Breastfeeding Book: Everything You Need to Know About Nursing Your Child from Birth Through Weaning
Author: Martha & William Sears
Format: Hardcover and Paperback
Published: 2000

The Nursing Mother’s Companion – Sixth Edition
Author: Kathleen Huggins
Format: Paperback
Published: 2007
Other Languages: Spanish
So That’s What They’re for: Breastfeeding Basics
Author: Janet Tamaro
Format: Paperback
Published: 1998

Fresh Milk: The Secret Life of Breasts
Author: Fiona Giles
Format: Paperback
Published: 2003

Breastfeeding Your Baby: Revised Edition
Author: Sheila Kitzinger
Format: Hardcover and Paperback
Published: 1998
Other Languages: Spanish

Bestfeeding: How to Breastfeed Your Baby
Author: Mary Renfrew, Chloe Fisher & Suzanne Arms
Format: Kindle and Paperback
Published: 2004

Dr. Jack Newman’s Guide to Breastfeeding
Author: Jack Newman and Teresa Pitman
Format: Kindle, Hardcover and Paperback
Published: 2009 (the Kindle version was published in 2014)

The Womanly Art of Breastfeeding
Author: Diane Weissinger, Diana West and Teresa Pitman (La Leche League International)
Format: Paperback
Published: 2010

Hirkani’s Daughters: Women Who Scale Modern Mountains to Combine Breastfeeding and Working
Editor: Jennifer Hicks (Published by La Leche League International)
Format: Paperback
Published: 2005

Defining your Own Success: Breastfeeding After Breast Reduction Surgery
Author: Diana West
Format: Hardcover and Paperback
Published: 2001
Birth and Breastfeeding: Rediscovering the Needs of Women During Pregnancy and Childbirth
Author: Michel Odent
Format: Kindle and Paperback
Published: 2008

Healthy Mother, Better Breastfeeding
Author: Francesca Naish & Janette Roberts
Format: Hardcover
Published: 2002

Breastfeeding Management For The Clinician: Using the Evidence
Author: Marcia Walker
Format: Paperback (buy or rent)
Published: 2013

Ina May’s Guide to Breastfeeding
Author: Ina May Gaskin
Format: Kindle, Paperback, Audio Download and Audio CD
Published: 2009

BREASTFEEDING POLITICS

Mother’s Milk: Breastfeeding Controversies in American Culture
Author: Bernice Hausman
Format: Kindle, Hardcover and Paperback
Published: 2003

Breasts: A Natural and Unnatural History
Author: Florence Williams
Format: Kindle, Hardcover, Paperback and Audio CD
Published: 2013

Milk, Money and Madness: The Culture and Politics of Breastfeeding
Author: Naomi Baumslag, M.D. & Dia L. Michels
Format: Hardcover
Published: 2003
At the Breast: Ideologies of Breastfeeding and Motherhood in the Contemporary United States
Author: Linda M. Blum
Format: Hardcover and Paperback
Published: 2000

The Politics of Breastfeeding: When Breasts are Bad for Business
Author: Gabrielle Palmer
Format: Kindle and Paperback
Published: 2009

Social History of Wet Nursing in America: From Breast to Bottle
Author: Janet Golden
Format: Hardcover and Paperback
Published: 2001

Anthropology of Breast-Feeding: Natural Law or Social Construct
Editor: Vanessa A. Maher
Format: Hardcover and Paperback
Published: 1992

CESAREAN AND VBAC

Don’t Cut Me Again! True Stories about Vaginal Birth After Cesarean (VBAC)
Author: Angela J. Hoy
Format: Kindle and Paperback
Published: 2013

Birthing Normally After a Cesarean or Two
Author: Hélène Vadeboncoeur
Format: Paperback
Published: 2011

Cesarean Voices
Editor: Martha Basham, Jill MacCorkle, Krista Cornish Scott, Laureen Hudson and Pam Hite Udy
Format: Kindle and Paperback
Published: 2007 (ICAN)
Vaginal Birth After Caesarean: The VBAC Handbook
Author: Helen Churchill and Wendy Savage
Format: Kindle and Paperback
Published: 2010

The Caesarean
Author: Michel Odent
Format: Hardcover
Published: 2004

CHILDBIRTH EDUCATION

Childbirth Education: Practice, Research and Theory, Second Edition
Author: Francine H. Nichols PhD RNC FAAN and Sharron Smith Humenick PhD RN FAAN
Format: Hardcover
Published: 2000

Birth and Parenting Skills: New Directions in Antenatal Education
Author: Mary L. Nolan PhD MA BA(Hons) RGN and Julie Foster BSc RGN RM DipHE
Format: Paperback
Published: 2005

Leading Antenatal Classes, Second Edition
Author: Judith Schott and Judy Priest
Format: Paperback
Published: 2001

Education and Support for Parenting: A Guide for Health Professionals
Author: Mary L. Nolan PhD MA BA
Format: Paperback
Published: 2002

COMMUNICATION AND COUNSELING

Role Play Made Easy: 25 Structured Rehearsals for Managing Problem Situations and Dealing With Difficult People
Author: Susan El-Shamy
Format: Kindle and Paperback
Published: 2005
Messages: The Communication Skills Book  
**Author:** Matthew McKay PhD, Martha Davis PhD and Patrick Fanning  
**Format:** Kindle and Paperback  
**Published:** 2009

Assertiveness: How to Stand Up for Yourself and Still Win the Respect of Others  
**Author:** Judy Murphy  
**Format:** Kindle, Paperback and Audio Download  
**Published:** 2011

A Voice for Now: Changing the Way We See Ourselves as Women  
**Author:** Anne Dickson  
**Format:** Paperback  
**Published:** 2003

**DECISION MAKING**

Your Medical Mind: How to Decide What Is Right for You  
**Author:** Jerome Groupman M.D. and Pamela Hartzband M.D.  
**Format:** Hardcover, Paperback and Audio CD  
**Published:** 2012

Critical Decisions: How You and Your Doctor Can Make the Right Medical Choices Together  
**Author:** Peter A. Ubel  
**Format:** Kindle and Hardcover  
**Published:** 2012

**DEPRESSION**

This Isn’t What I Expected: Overcoming Postpartum Depression  
**Author:** Karen Kleiman & Valerie Raskin  
**Format:** Paperback  
**Published:** 2013

Beyond the Blues: A Guide to Understanding And Treating Prenatal And Postpartum Depression  
**Author:** Shoshana S. Bennett Ph.D. & Pec Indman  
**Format:** Paperback
Published: 2006

The Hidden Feelings of Motherhood: Coping with Stress, Depression, and Burnout
Author: Kathleen A. Kendall-Tackett
Format: Paperback
Published: 2001

The Postpartum Husband: Practical Solutions for living with Postpartum Depression
Author: Karen R. Kleiman
Format: Kindle, Hardcover, Paperback and Audio Download
Published: 2001

Sleepless Days: One Woman’s Journey Through Postpartum Depression
Author: Susan Kushner Resnick
Format: Hardcover and Paperback
Published: 2001

DISABILITY AND ABNORMALITY

Choosing Naia: A Family’s Journey
Author: Mitchell Zuckhoff
Format: Hardcover and Paperback
Published: 2003

Uncommon Fathers: Reflections on Raising a Child with a Disability
Editor: Donald J. Meyer
Format: Paperback
Published: 1995

Disability in Pregnancy and Childbirth
Author: Stella Francis McKay-Moffat
Format: Kindle and Paperback
Published: 2007

Raising Henry: A Memoir of Motherhood, Disability, and Discovery
Author: Rachel Adams
Format: Kindle, Hardcover and Paperback
Maternity Rolls: Pregnancy, Childbirth and Disability
Author: Heather Kuttai
Format: Paperback
Published: 2010

Evy Kristine: A Beautiful Journey
Author: Siri Fuglem Berg
Format: Kindle
Published: 2014

DOULA SUPPORT
The Birth Partner: A Complete Guide to Childbirth for Dads, Doulas, and All Other Labor Companions
Author: Penny Simkin
Format: Kindle and Paperback
Published: 2013

The Doula Book: How a Trained Labor Companion Can Help You Have a Shorter, Easier, and Healthier Birth
Editor: Marshall H. Klaud, John H. Kennell and Phyllis H. Klaus
Format: Kindle and Paperback
Published: 2012

Mothering the New Mother: Women's Feelings & Needs After Childbirth
Author: Sally Placksin
Format: Paperback
Published: 2000

A Doula’s Journey: Into the World of Birth
Author: Sarah Goldstein
Format: Kindle and Paperback
Published: 2014

EVIDENCE-BASED CARE
Evidence and Skills for Normal Labour and Birth: A Guide for Midwives
Author: Denis Walsh
Format: Kindle, Hardcover and Paperback
The Role of the Father in Child Development
Editor: Michael Lamb
Format: Kindle and Hardcover
Published: 2010

Believing It All: Lessons I Learned from My Children
Author: Marc Parent
Format: Kindle, Hardcover, Paperback and Audio Download
Published: 2002

FERTILITY AND INFERTILITY

Author: Toni Weschler
Format: Paperback
Published: 2015

Author: Rebecca Fett
Format: Kindle, Paperback and Audio Download
Published: 2014

Women’s Bodies, Women’s Wisdom: Creating Physical and Emotional Health and Healing
Author: Christiane Northrup
Format: Hardcover and Paperback
Published: 2010

 Unsung Lullabies: Understanding and Coping with Infertility
Author: Janet Jaffe, David Diamond and Martha Diamond
Format: Paperback
Published: 2005

The Empty Picture Frame: An Inconceivable Journey Through Infertility
Author: Jenna Currier Nadeau and Mike Nadeau
I Am More Than My Infertility
Author: Marina Lombardo and Linda J. Parker
Format: Paperback
Published: 2007

GRIEF AND LOSS

Empty Arms: Coping With Miscarriage, Stillbirth and Infant Death
Author: Sherokee Ilse
Format: Kindle and Paperback
Published: 2013

Three Minus One: Stories of Parents’ Love and Loss
Editor: Sean Hanish and Brooke Warner
Format: Kindle and Paperback
Published: 2014

Grieving Parents: Surviving Loss as a Couple
Author: Nathalie Himmelrich
Format: Kindle and Paperback
Published: 2010

Baby Dust
Author: Janet Jaffe, David Diamond and Martha Diamond
Format: Kindle, Hardcover and Paperback
Published: 2011

LABOR AND BIRTH

Gentle Birth, Gentle Mothering: A Doctor’s Guide to Natural Childbirth and Gentle Early Parenting Choices
Author: Sarah J. Buckley, M.D.
Format: Paperback
Published: 2008

Ina May’s Guide to Childbirth
Author: Ina May Gaskin
Format: Kindle and Paperback
Published: 2003
Gentle Birth Choices
Author: Barbara Harper
Format: Kindle and Paperback
Published: 2005

Spiritual Midwifery
Author: Ina May Gaskin
Format: Kindle, Hardcover and Paperback
Published: 2002

Pregnancy, Childbirth, and the Newborn: The Complete Guide
Author: Penny Simkin, April Bolding, Ann Kepler, Janelle Durham and Janet Whalley
Format: Kindle and Paperback
Published: 2010

Childbirth Without Fear: The Principles and Practice of Natural Childbirth
Author: Grantley Dick-Read
Format: Paperback
Published: 2013

The Labor Progress Handbook: Early Interventions to Prevent and Treat Dystocia
Author: Penny Simkin and Ruth Ancheta
Format: Kindle and Paperback
Published: 2011

Birth without Violence
Author: Frédérick Leboyer M.D.
Format: Hardcover and Paperback
Published: 2009
Other Languages: French

The Complete Book of Pregnancy and Childbirth (Revised)
Author: Sheila Kitzinger
Format: Hardcover and Paperback
Published: 2003

MIDWIVE'S TALES

Arms Wide Open: A Midwife’s Journey
Author: Patricia Harman
Format: Hardcover, Kindle and Paperback
Baby Catcher: Chronicles of a Modern Midwife
Author: Peggy Vincent
Format: Hardcover and Paperback
Published: 2003

Monique and the Mango Rains: Two Years with a Midwife in Mali
Author: Kris Holloway
Format: Kindle and Paperback
Published: 2006

A Midwife’s Story
Author: Penny Armstrong and Sheryl Feldman
Format: Kindle, Hardcover and Paperback
Published: 2006

Call the Midwife: A Memoir of Birth, Joy, and Hard Times
Author: Jennifer Worth
Format: Kindle, Hardcover, Paperback, Audio Download and Audio CD
Published: 2012

A Midwife’s Tale: The Life of Martha Ballard, Based on Her Diary, 1785-1812
Author: Laurel Thatcher Ulrich
Format: Kindle, Hardcover, Paperback and Audio CD
Published: 1991

Sisters on a Journey: Portraits of American Midwives
Author: Penfield Chester
Format: Hardcover and Paperback
Published: 1997

Orlean Puckett: The Life of a Mountain Midwife
Author: Karen Cecil Smith
Format: Paperback
Published: 2003

LISTEN TO ME GOOD: The Life Story of an Alabama Midwife
Author: Margaret Charles Smith
Format: Hardcover and Paperback
Published: 1996
PARENTING AND POSTPARTUM

The Attachment Connection: Parenting a Secure and Confident Child Using the Science of Attachment Theory
Author: Ruth Newton PhD
Format: Kindle and Paperback
Published: 2008

Parenting for a Peaceful World
Author: Robin Grille
Format: Kindle and Paperback
Published: 2013

Natural Health after Birth: The Complete Guide to Postpartum Wellness
Author: Aviva Jill Romm
Format: Kindle and Paperback
Published: 2002

After the Baby’s Birth: A Complete Guide for Postpartum Women
Author: Robin Lim
Format: Paperback
Published: 2004

Dissolving Illusions: Disease, Vaccines, and The Forgotten History
Author: Suzanne Humphries M.D. and Roman Bystrianyk
Format: Kindle and Paperback
Published: 2013

Primal Health: Understanding the Critical Period Between Conception and the First Birthday
Author: Michel Odent
Format: Kindle, Hardcover and Paperback
Published: 2007

The Vaccine Book: Making the Right Decision for Your Child (Sears Parenting Library)
Author: Robert W. Sears M.D.
Format: Paperback
Published: 2011
The Baby Book, Revised Edition: Everything You Need to Know About Your Baby from Birth to Age Two
Author: William Sears, Martha Sears, Robert Sears and James Sears
Format: Paperback, Audio Download and Audio CD
Published: 2013

PREGNANCY

The Healthy Pregnancy Book: Month by Month, Everything You Need to Know from America’s Baby Experts
Author: William Sears, Martha Sears, Linda Holt and BJ Snell
Format: Paperback
Published: 2013

Eating Expectantly: Practical Advice for Healthy Eating Before, During and After Pregnancy
Author: Bridget Swinney
Format: Kindle and Paperback
Published: 2013

Author: Aviva Jill Romm
Format: Kindle and Paperback
Published: 2014

Natural Pregnancy: Practical Medical Advice and Holistic Wisdom for a Healthy Pregnancy and Childbirth
Author: Lauren Feder M.D.
Format: Kindle and Paperback
Published: 2014

PRENATAL TESTING

Testing Women, Testing the Fetus: The Social Impact of Amniocentesis in America
Author: Rayna Rapp
Format: Kindle, Hardcover and Paperback
Published: 2000
A corps consentant – Bien vivre sa grossesse et son accouchement
Auteur: Marie Bertherat, Thérèse Bertherat and Paule Brung
Format: Broché
Publié: 2009

Accoucher en sécurité: Plaidoyer pour choisir une naissance plus naturelle
Auteur: Sophie Gamelin-Lavois
Format: Broché
Publié: 2004

Bien-être et maternité
Auteur: Bernadette de Gasquet
Format: Broché
Publié: 2000

Parents futes bebes ravis
Auteur: Ingrid Bayot
Format: Broché
Publié: 2003

Césariennes: questions, effets, enjeux
Auteur: Michel Odent
Format: Broché
Publié: 2005

Das Stillbuch
Autor: Hannah Lothrop
Format: Taschenbuch
Veröffentlicht: 2005

Die Hebammensprechstunde
Autor: Ingeborg Stadelmann
Format: Taschenbuch
Veröffentlicht: 2001

Schwangerschaft und Geburt
Autor: Birgit Gebauer-Sesterhenn and Thomas Villinger
Format: Taschenbuch
Veröffentlicht: 2012
Stillen kompakt
Author: Kerri Frischknecht
Format: Taschenbuch
Veröffentlicht: 2007

SLEEP SOLUTIONS

Sweet Sleep: Nighttime and Naptime Strategies for the Breastfeeding Family
Author: Diane Weissinger, Diana West, Linda J. Smith and Teresa Pitman (La Leche Leage International)
Format: Kindle and Paperback
Published: 2014

The No-Cry Sleep Solution: Gentle Ways to Help Your Baby Sleep Through the Night
Author: Elizabeth Pantley
Format: Kindle, Paperback, Audio Download and Audio CD
Published: 2002

Sleeping with Your Baby: A Parent’s Guide to Cosleeping
Author: James J. McKenna
Format: Kindle and Paperback
Published: 2007